#### **Thursday**

### ESOL (English for Speakers of Other Languages) (Resettlement)

9.30am - 12.30pm (Room 1)

Contact: Agnieszka. Waszak@edinburghcollege. ac. uk

for details

# Meditation & Mindfulness \*CEC Adult Education Programme

10am - 12pm (Hall)

Contact: adulteducation@ea.edin.sch.uk for details

### Wishes Womens Group (Self-help and Emotional Support Group)

1pm - 3pm (Room 1)

 ${\tt Contact: wishes womens group@gmail.com} \ for$ 

details

# Tai Chi – Chen Style \*CEC Adult Education Programme

1pm - 2.30pm (Hall)

Contact: adulteducation@ea.edin.sch.uk for details

### ESOL (English for Speakers of Other Languages) (Older People)

2.30pm – 4.30pm (Room 2) Contact: Agata Wozny

Agata.1.Wozny@ea.edin.sch.uk

#### Live Drama - First Bite Youth Theatre

4pm - 5.30pm (Juniors, 7 - 11) (Hall)

6pm - 8pm (Seniors, 12 - 18) (Hall)

Visit: https://www.livedrama.co.uk for details

#### **Dabke Dance Group**

6:30pm - 8:30pm

Pop along for more information.

#### **Friday**

#### Writing Room (Creative writing group)

10am - 12pm (Room1)

Contact: CLD-Southside@ea.edin.sch.uk for details

### Tim Pogson (City of Edinburgh Councillor) - Advice Surgery

10am – 11am (Room 2) \*Monthly - 2nd Friday of each month (apart from school & public holidays) Contact: cllr.tim.pogson@edinburgh.gov.uk for details

# Global histories \*CEC Adult Education Outlook Programme

1pm - 3pm

Contact: clp.op@edinburgh.gov.uk for details

#### Centre cafe now open

The cafe is now open from 11am to 6pm Monday to Thursday and from 11am to 3pm on Fridays.

Pop in for hot & cold drinks, as well as snacks and meals.



### **Programme of activities**

#### **April 2024**



0131 667 0484



117 Nicolson Street, Edinburgh, EH8 9ER



www.southsidecommunitycentre.co.uk hello@southsidecommunitycentre.co.uk



twitter.com/centresouthside facebook.com/centresouthside instagram.com/centresouthside



Centre office hours

Monday - Thursday: 9am until 5pm Friday: 9am - 4pm



Hall & room letting hours Monday - Thursday: 9am until 8:30pm

Friday: 9am - 3:30pm

#### **Monday**

# Genealogy (Family History) \*CEC Adult Education Programme

10am - 12pm (Room 1)

Contact: adulteducation@ea.edin.sch.uk for details

# Italian (Intermediate) \*CEC Adult Education Programme

10am - 12noon (Room 2)

Contact: adulteducation@ea.edin.sch.uk for details

# Baby PEEP (Parenting support for those with babies 0-12months)

1pm - 2pm (Room 1)

Contact Mary.Sutherland@ea.edin.sch.uk for details

# ESOL (English for Speakers of Other Languages) (Older People)

1pm - 3pm (Room 2)

Contact: Agata Wozny Agata.1.Wozny@ea.edin.sch.uk

#### **Southside Community Orchestra**

1.45pm - 3.45pm (Hall)

Contact: <a href="mailto:caroline.higgitt@gmail.com">caroline.higgitt@gmail.com</a> for details

#### **UKTC Taekwondo**

6.30pm - 8.30pm (Hall)

Contact: nicoleharkess@outlook.com for details

# Astronomy \*CEC Adult Education Outlook Programme

3:15pm - 5:15pm

Contact: clp.op@edinburgh.gov.uk for details

#### Tuesday

### ESOL (English for Speakers of Other Languages) (Resettlement)

9.30am - 12.30pm (Room 1)

 $Contact: \underline{Agnieszka.Waszak@edinburghcollege.ac.uk}$ 

for details

#### Hatha Yoga

10am - 11.30am (Hall)

Contact: <u>francesmakelly@hotmail.co.uk</u> for details

#### Southside Art Group (Inclusive group for all abilities)

1pm - 4pm (Room 1)

Contact: cld-southside@ea.edin.sch.uk for details

# Tai Chi – Chen Style \*CEC Adult Education Programme

1pm - 2pm (Hall)

Contact: adulteducation@ea.edin.sch.uk for details

#### TUCUM Capoeira (Brazilian martial art/dance class)

6pm - 8.30pm (Hall)

Contact: adults@capoeira-edinburgh.com for details

# City of Edinburgh Council Adult Education Programme

To book a place on one of these classes, or for further information please contact the team directly:

Telephone: 0131 556 7978

In person: South Bridge Resource Centre from

10am weekdays.

Online: www.edinburgh.gov.uk

#### Wednesday

# Stretch & Flow Exercise Class \*CEC Adult Education Programme

9.45am - 10.45am (Hall)

Contact: adulteducation@ea.edin.sch.uk for details

#### Craft & Crochet \*CEC Adult Education Programme

10am - 12pm (Room 1)

Contact: adulteducation@ea.edin.sch.uk for details

## Pilates (An Introduction) \*CEC Adult Education Programme

11am - 12pm (Hall)

Contact: adulteducation@ea.edin.sch.uk for details

#### Live Drama - Adult Group

6.30pm - 8.30pm (Hall)

Visit: <a href="https://www.livedrama.co.uk">https://www.livedrama.co.uk</a> for details

#### **Photography for Kinship Carers**

9:30 - 13:30

Contact: Mike.keogh@edinburgh.gov.uk for details